



Dr. Robin Cox, PhD, Secretan Consulting, JIBC Research Associate, Associate Professor Royal Roads University

Key Interests: Psychosocial Disaster Recovery Process; Disaster Responder Stress & Coping

Robin Cox is an Associate-Professor in the Faculty of Social and Applied Sciences at Royal Roads University where she is Program Head of the Master in Disaster and Emergency Management programs and a faculty member of the new interdisciplinary Doctor of Social Science Program. Dr. Cox is a steering committee member and disaster responder with the B.C. Provincial Health Services Authority's Disaster Psychosocial Services (DPS) network, a member of the National Emergency Psychosocial Advisory Consortium, and the International Disaster Sociological Association. She has an active, applied research program focused on several interrelated interests: (1) the psychosocial and gendered dimensions of disasters; (2) the needs and rights of children and seniors in disaster; (3) individual, organizational, and community-level disaster resilience and recovery; (4) rural and community-based research and capacity building; and (5) qualitative research methods and the use of visual media and storytelling. Dr. Cox is Co-Investigator and Lead Researcher on the Rural Disaster Resilience Project (RDRP), co-Principal Investigator on the Simulation Training and Exercise Collaboration (SIMTEC): Enhancing CBRNE Psychosocial Capacity and Capability Management project and is a Research Associate with the Justice Institute of British Columbia's Applied Research Division. She received her doctorate in Counselling Psychology from the University of British Columbia with a focus on psychological trauma, stress and coping.

Prior to her involvement with RRU, Dr. Cox developed and taught undergraduate and graduate courses at the University of British Columbia, the Adler School of Professional Psychology, the BC Institute of Technology and the Justice Institute of BC. She has over 12 years consulting experience as a clinical counselor specializing in trauma and other anxiety disorders; critical incident stress management training and response; conflict communication; and the design and delivery of training for mental health professionals in disaster response. In her work as a consulting researcher she has developed and authored several disaster psychosocial planning frameworks including: Annex P: the psychosocial annex to the Canadian Pandemic Plan for the Health Sector; the British Columbia Ministry of Health's psychosocial planning framework for communities, and the health sector; and a competency framework for psychosocial service providers.